

March 1895

# OUT OF DOORS

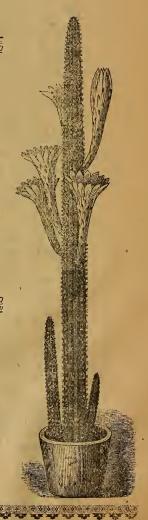
# WOMEN

Issued monthly. Vol. II. No. 16.

MRS. OLIVE L. ORCUTT, Publisher.

LOS ANGELES, CALIFORNIA, ORGUTT, CALIFORNIA, and SAN DIEGO, CALIFORNIA.

Price, 5c.: Per year, 25c.



[Entered at the post-office at Orcutt, California, as second-class matter.]





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# OUT OF DOORS FOR WOMEN.

VOLUME II.

MARCH, 1895.

NUMBER 16.

#### ANNIVERSARY FLOWERS.

Yesterday was the anniversary of our wedding day, and James—knowing my weakness—sent up a magnificent Rex Begonia, with the following note.

"Dearest Susan, Queen of my heart. Accept this King of Floraldom as a slight reminder of the 'day of days.' May your shadow never grow less. Your true lover, James." A little mixed, I allow; but, to me it sounded the gamut of all my married years, with scarcely a discordant note.

Eleven, a. m. found me still sitting among my household gods, worshiping at the shrine of my new idol. What a glorious creation it was! I felt as tho' nature had gone into 'Secret Session' and combined the glint of all the precious metals with the tints of the rainbow, for my especial benefit.

So, Mrs. Jones-my neighbor found me.

Waving my hand to the general disorder, I explained that "the house"—individually and collectively—was celebrating the divine fact that "marriage was not a failure."

"To-morrow," she said, touching the plant tenderly, "is our anniversary. John and I will have been married ten years."

"Ah," I answered, smiling. "I, then, may be the envious one. Mr. Jones may bring—"

"Oh, no;" she interupted quickly, with the look of a wounded deer. "He does not believe in such foolishness. I do not think that he ever remembers the date."

Turning away to hide my tears I said briskly, "To-morrow, my dear may prove an exception."

Shaking her head, she said bitterly, "I do not believe in miracles."

I made no answer. What could I say to sooth the greatest

of human sorrows—the unutterable woe of a neglected wife!

Ah, my masculine friend; if, like the bloom on the faded peach, the charm of your married life has fled, see to it, that the blame lies not at your door. Did you ever stop to notice the thousand and one pretty trifles that a womanly woman always gathers about her, and hear her explain with loving pride. "This and this were gifts from"—Harry or Tom as the case may be—"on such and such a day," touching them with the sacredness of a good Catholic telling her beads?

If she, whom you vowed before high heaven, to "love, cherish and protect, till death do you part," bows at no shrine born of your love and devotion, thank God that the rift in your lives has not grown too wide, or too deep to span with the bridge of reconciliation.

Love is the keynote of a woman's life. Without it she is "as a ship without a rudder." If it wooes her not in her own home can you rightfully complain if she wanders into torbidden paths? In case of such a sad alternative, however, do not belittle your soul by advertising her as having "left your bed and board without just cause or provocation."

By the bye, my incognito "Busybody" does not appear to be an incognito at all, just a plain give-a-way; even to my nephew "the Kid"—as he calls himself—three thousand miles away. Well there is nothing like having an identity of your own, if it is a little questionable. Still I think, after this, I will sail under family colors. With kind regards to the aforesaid nephew—I sign myself

Susan Sharp (nee Busybody).

#### A PLEA FOR THE CYCLAMEN.

Cyclamen Persicum and C. giganteum are very desirable plants for pot culture especially for winter blooming. They are universal favorites, still they are not cultivated to the extent that they should be. No window garden is complete without

one or more of these bulbs. They are very easy to raise, both from bulb and seed, and repay you ten fold for the care you give them, in the long continuous bloom throughout the winter months, when flowers are scarce.

I have a Cyclamen, deepest rose in color, that I have grown in a pot the last year, for house decoration, that is very beautiful; some of the leaves are immense, drooping gracefully over the jar and nearly hiding it from view; the flowers and buds over fifty in number run up strong stems far above the leaves. These added to the exquisite markings of its foliage make a most beautiful bouquet for parlor or dining room.

In raising Cyclamens in the house give them a cool place, a a north window is best, where they can have plenty of light and air. Keep them from the hot rays of the sun and where there is stove or furnace heat, keep a wet sponge under the leaves. When in bloom it is a great help in making a beautiful plant. After the blooming season is past, gradually withhold water till the bulb is dry, when it should be left to rest till October when you repot it in rich sandy loam encasing the bulb over two thirds in the soil leaving the top entirely exposed. Have good drainage at the bottom, water well, place in a cool shady place till it shows signs of growth; then water freely till flower buds appear, when plant food should be given once a week. On approach of cold weather remove to parlor or window garden. The secret in growing Cyclamens is low temperature, light and air.

A friend traveling through Northern Italy was greatly pleased with the beautiful flowers of the Cyclamen which grow there in great abundance. She had often admired the Cyclamen bloom in my window garden in my Northern home, so while basking under the warm sunny skies of Italy with its beautiful wild flowers at her feet, her thoughts flew back to her friends on this side of the Atlantic, wishing they too could enjoy with her these lovely flowers grown in the home nature had prepared for them.

Under sunny skies with all that is beautiful in your surroundings you are brought nearer to Nature's God. M. A. C.

#### THE CONTRAST.

I walked out before sunrise; I saw nought but somber skies; Gray fog covered every thing, Not a bird was on the wing; Darkness hovered o'er the ground, Nothing bright was earthward found; What a cheerless world is this! Nature seems to be amiss!

A painter from the East arrives, And shows me life on earth survives; His first touch is of vivid gold, Then other colors I behold; Anon the trees are painted green, And I discern a brilliant scene!

Should this painter fail to come To enliven one dark home, Soon the wish would be expressed That he should early be our guest!

Do we brightness estimate When we in the morn so late See no contrasts in the view When this artist here is due?

Every morn he brings his paints, And he never tires or faints 'Till the landscape he adorns, And the sleepers duly warm.

Look at his bright, shining eyes As he peers from out the skies! Imitate his genial smiles Which all bitterness beguiles, Let your presence like the sun Gladden, brighten, every one.

What a blessed thing is sunshine, Coming to us every day, Elixir better than new wine Is each vivifying ray!

Mrs. C. K. Smith.

#### POPPIES.

When blazing high the copper sun Flatters the earth with glances bold, When through the brush the rabbits run Gay poppy flaunts her flag of gold. The noon tide pulses with the heat, But, flashing bright as eastern gems, The poppies blow about our feet; Bright buds asway on slender stems.

Though jewelled wings go drifting by
No butterfly can match their glow.
Star-gems upon an emerald sky
Their vivid colors blending blow.
True daughters of the golden west,
On every side their beauty gleams;
Sweet messengers of sleep and rest,
Bright poppy flowers of peace and dreams.
Sleep. I have strewn thy pillow with the buds
Culled from you mossy bank within the woods.

And they, sleep's messengers, shall whisper low Of woodlands where the pleasant waters flow, And glancing beams of sunlight come and go.

Of dewy fragrant morn, and ardent noon Leaning to kiss the languid lips of June. Of shy wild creatures, and bright buds aswoon

With their own passionate beauty. This shall be Breathed by the drowsy poppy flowers th thee.

O poppy, drift thy slumber-buds above Sad eoes that weep.
And to unquiet hearts aflame with love Bring blessed sleep.
The lids thy healing magic hath caressed May slumber deep.
Fair poppy, bring thy honied balm of rest And bid us sleep.

CLARE BEATRICE ST. GEORGE.

#### THE CHRISTMAS ROSE, OR POINSETTIA.

I shall never forget my first experience in window gardening. I had many beautiful bulbs and plants, among them a Poinsettia. I had never seen one in bloom, but the plant catalogue pictured them in such glowing colors that I thought I must have one in order to make my window garden a success. I therefore ordered a Poinsettia from one of our best Eastern florists, it came in good time looking strong and healthy. I took excellent care of it, and after patiently waiting several months, it began to bloom, but imagine my disappointment as the flowers began to expand the leaves which were so lovely began to turn yellow and droop and fall. What could I do to save my treasure. Several lady friends that had had experience in raising beautiful house plants. advised me to repot it as soon as possible, wash the roots well, give it fresh soil with plenty of sand, good drainage, this, that, and the other. I hated dreadfully to disturb it, but rather than loose the plant, I carefully took it from the jar and gave it the required medicine prescribed; but it grew no better, and gradually sickened and died.

"Doctored to Death."

But the lesson taught I never forgot.

After these many years' experience, I find my home in the land of sunshine—perpetual summer; where the broad Pacific is always kissing the silver sands that lay at her feet. Where flowers bloom in great abundance the whole year round, and where I have a pet Poinsettia that last year was over eight feet high, with over one hundred blooms, some of them larger than a tea plate, and double. The plant is at home in this climate, and I find that the nature of the plant is to shed its leaves as the flowers appear, so that when the plant is at its best, scarcely a leaf is to be seen. But they are not missed. The flaming flower makes up for all the foliage lost, and sometimes I think it more lovely without its green leaves. Here they are called Christmas Roses as their bloom is most perfect at Christmas time.

One, to make plant life a success, must acquire some practical

knowledge of their requirements. The above can be accomplished by personally working among them, beside the instructions received, the work out of doors, will bring the roses back to your cheeks, and give you health and strength.

M. A. C.

#### OUR HOME.

The home of the first parents was in the garden, where the fragrant flowers bloom, the luscious fruits of the tree grow the golden grains of the field are found and the crystal water of the fountain springs forth, where sunshine, peace and harmony abound with God in the midst.

Is not such a home a Paradise compared to a stockyard, a slaughter house or a butcher pen, where life is sacrificed, blood is shed, stench equal to carion, disease abounds and death stamped on every atom of this murdered traffic? Why do people patronize such a murderous traffic? Because they love evil and darkness rather than good and light, because their deeds are evil.

J. H. Neff, Fort Wayne, Ind.

#### PUBLICATIONS RECEIVED.

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THE DELINEATOR, issued by the Butterick Publishing Company, 7 West 13th st N.Y. is called woman's favorite magazine; it is the great caterer to domestic needs and is the

CONTRIBUTIONS from the Herbarian of Franklin and Marshall College, Lancaster, Pa. No 1. Botani al Explorations in Southern Texas during 1894, by A. A. Heller; price, \$1' 116pp., 9 Plates; written in a pleasing style that will interest flower lovers everywhere as we'l as botanists

AMERICAN SHEPHERD'S YEAR BOOK, 1895; 164 pp., price, \$1.

MINNESOTA BOTANICAL STUDIES, Bull. 9, pt. 5, 10 Plates, 1895.

Universal Prosperity, how to attain it as a people, by Edward Wenniug, 2nd. Fd. Industrial Pub. Co., 53W. 9th St. Cin innati; 10c.

The author seeks to present a practical solution of social questions of the day, and the elimination of industrial evils which are now sapping the life plood of America. It describes a plan of transition, apable of immediate inauguration, if the people will-looking to universal prosperity as its name implies. We hope our readers will make its better a quaintance.

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" Trees and Flowers, 32-p	10
" state board of horticulture, 1890. 522 pp; 1891each	2 —
Smithsonian Institution, report 1891, '893 "	1 60
Drugs and Medicines of North America, II: 4, 5	1 —
Insect Life, ii 6; iv. 1—6; vi 5; vii 1, 2	<b>0</b> 8 30
Physic-Medical Journal, v 4; xvil 5-9 xx 7, 10, 11	12
Ornithologist & oologist, ix 1; x: 4	90
Printers' Ink, vii 15, 16, 22-24; viii 5; ix 14 "	2
U.S. board on geographic names, bulletin 2 "	12
Cacti at Home, 5 fig	07
Hoosier Naturalist, vol i: nos. 3, 5, 6, 8, 9-10, 11, 12: vol. i1. nos. 1 to 8, all	1 —
Bread from stones, from the German, 140 pp	25
Flora of St Croix and the Virgin islands, by H.F.Eggers	75
Guide to the Flora of Washington and vicinity	67
Bull. U.S. Nat'l Museum, nos. 7, 15, & 25—each	49
Science, IX: 205	20
Popular cience Monthly, No 145	50
The Cosmopolitan, VIII:3	<b>2</b> 3
West American Scientist, nos. 3 to 69, each	25
" " 70 to current issue	10
Out of Doors for Women, nos 2 to 9, 11 to " each	06
American Naturalist, nos. 284, 285, each	40
Vick's Magazine. IX: 8, &11; X:6; XIV: 7 (colored plate of Lathyrus splendens)	
& 9, each	34
Semi-Tropical Planter, Vol. I, 88 pp. illustrated	1 —
" " " II, 20 p	06
Univ. Wisconsin; agric. exp. station report, 1890	1 —
Museum of comparative zoology: Bulletin, XX:8; XXIV. 3, each	60
American churchman, i.11, ii. 3, 6—11, iv. 6 each	04
Rural Californian, xii. 9, xiv. 5, 7, 8, 9	20
Open Court, nos 44, 46, 48, 50, 57-62, 64-68, 71, 72, 75-78, 303, 307, 311	12
1rrigation age, vii, 5: Young's magazine, i, 4,5	30
The Naturalists' Companion, vol I: nos. 2, 5, 6, 8-9, 12, vol II; nos. 1, 3, 4, 5-6, each	06
Reports from U.S. consols, nos. 132, 133, 134,	12

This species extends from San Diego, southward to Magdalena and Santa Margarita island, near the coast, and on the western borders of the Colorado Desert; very variable and as often cespitose or proliferous, as with simple stems. Dr. Edward Palmer is apparently the first to have recollected it in the type locality, Cerros island, and it was also found by him on Guadalupe island in 1888, reporting it as "common on south end of the island; with 5 to 6 globose heads; at first covered with a white wool but becoming glabrate." Greene found it "abundant at the summit of the Coronado islands, and very large," and "common and of luxurious growth" on Cerros island.

Brandegee found it from San Quintin to Magdalena and Santa Margarita islands, and describes the fruit "scarlet, small, and pleasant to the taste"—in fact the berries have much the flavor of a wild wood strawberry. Mexicans call it "llavina." Brandegee also notes this species as abundant at the southern extremity of the peninsula about San Jose del Cabo. Dr. A. Davidson reports it from Los Angeles county.



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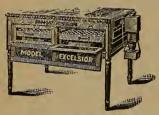
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Genius and Success.

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Horticultural Trade Journal, Floral Park, N. Y.

Market Garden, Minneapolis, Minn.

AMATEUR-FLORICULTURE

Garden and Forest, Tribune Building, N. Y.

American Gardening, 170 Fulton St., N. Y.

Vick's Magazine, Rochester, N. Y.

Young's Magazine, Latrobe, Pa.

Gardening, Monon Building, Chicago.

BOTANY-SCIENCE.

Botanical Gazette, Madison, Wis.

Bulletin of the Torrey Botanical Club, Columbia College, N. Y.

Erythea, University of California, Berkeley, Cal.

The West American Scientist, Orcutt, Cal.

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American Agriculturist, 52 Lafayette Place, N. Y. Farm Journal, Phila, Pa. Western Ploughman, High Grade Finish

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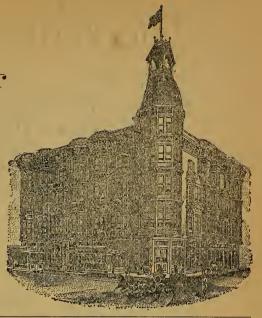
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